



Pictured L-R: Paul Seidel of United Health Care, NCOA President Garry McClure, Command Sergeant Major Victor Laragione representing the 17th Sergeant Major of the Army Michael Weimer, Sergeant Liam Douglas, Sharla Douglas, Ian Douglas, Corey Ford of United Health Care, and NCOA Chairman of the Board Robert Barnett.

The 2024 NCOA Army Vanguard Award, sponsored by United Health Care, was presented to Sergeant Liam W. Douglas in honor and memory of Medal of Honor recipient Sergeant Alvin C. York.

On 19 August 2023, while driving on the H1 westbound towards the Daniel K. Inouye International Airport, then-Specialist Douglas identified a distraught individual standing near the edge of an overpass whom he presumed was about to commit suicide. Without hesitation, Specialist Douglas took immediate action to intervene by exiting the highway and parking at the overpass. Upon arriving at the scene, Specialist Douglas placed himself directly in harm's way by wrapping his arms around the man's waist as he attempted to leap from the edge. Specialist Douglas was able to pull the man to safety and then instructed bystanders to assist by contacting emergency services. He maintained control of the situation until their arrival, keeping the individual calm using techniques learned in holistic health and fitness training.

Specialist Douglas oriented arriving police officers to the incident and made direct contact with arriving emergency medical technicians prior to departing the scene. Specialist Douglas' heroic actions are corroborated by two witness statements and a Honolulu police department incident report. Specialist Douglas displayed the utmost courage in the face of danger and his actions that day undoubtedly saved a complete stranger's life.

Sergeant Douglas' actions serves as an example for all to emulate and reflects great credit on himself as an individual and on our United States Army.